



American Red Cross
South Florida Region

Let's Get Everyone Prepared

Join Our No-Charge Group Trainings

The American Red Cross has provided health, safety and preparedness programs for over a century. Our Disaster Cycle Services resources and products are offered by reservation and at no-charge to groups of adults, teens and children. Many virtual presentations are offered as well as in-person events (ask for availability). Contact us by Email at: SFLPreparedness@redcross.org

Group Preparedness Presentations

Youth Preparedness Presentations

Prepare With Pedro & The Pillowcase Project: Millions of kids learned Youth Preparedness for natural disasters in courses created for specific age groups and in age-appropriate interactive events. K - 2nd graders enjoy Prepare With Pedro & our friendly penguin. 3rd - 5th graders have learned the concept of being prepared through The Pillowcase Project since 2014.

Community Preparedness

Adult and Teen groups learn the risks, preparation and challenges of emergencies and disasters through Be Red Cross Ready presentations - especially Hurricanes, Floods, Tornadoes and Fires. Churches, businesses, and groups of all types may get a Ready Rating presentation and utilize the comprehensive online Ready Rating resources to ensure they survive a disaster.

Hands-Only CPR

Learn to save a life today! In 30-minutes we can explain how to approach a medical emergency with Check-Call-Care. Be a Citizen Responder and help victims of sudden cardiac arrest. No rescue breathing is required. This interactive presentation takes just 30 minutes.

Home Fire Campaign Rallies & Virtual Education

Millions of Americans have received free fire safety education, escape planning tools, safety checklists and smoke alarms from the Red Cross. We offer virtual Home Visits to provide the education in a 20 to 30 minute call. We also create Rallies to canvass neighborhoods and do home visits including free smoke alarm installations. Ensure everyone in your home is prepared!

Disaster Resilience Materials

The Red Cross provides many free resources on-line and by download ranging from a comprehensive Hurricane Checklist to age-appropriate cartoon coloring books for children. Animated videos, printed coloring books, resources that supplement our presentations are all available. These are great resources for parents, teachers and group leaders alike.

Volunteer Opportunities

All of our Preparedness resources are made possible by the dedication of the organization to reach out. Donors and volunteers help make the mission a reality. You may be the one to get your group engaged. You may wish to join us and become one of our Presenters and share our exceptional resources. It's all free and we welcome you. An online application is all it takes!

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Ready Rating



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